13 Days Beijing Xi'an Lhasa EBC Kathmandu Tour by Qinghai-Tibet Train

Trip overview

13 Days Tibet Lhasa overland tour to Kathmandu via EBC from Beijing and Xian is the most classic China Tibet Nepal Tour. It starts from the capital city of China - Beijing, then take a bullet train to visit the greatest ancient China capital - Xi'an, and then take a Tibet train to the Holy City - Lhasa, and finish your trip in the legendary Kathmandu Valley in the end. Most of clients choose this tour because it is convenient to fly to Beijing, visit Xian, take Qinghai-Tibet train to Lhasa, and finally exit to Nepal by overland road.

Our local professional tour guide will guide you through both the historical sites and stunning natural scenic areas in Beijing, Xian and Tibet, including the famous Great Wall, Terracotta Warriors, Potala Palace, EBC, etc. This is one of the most popular routes for international tourists and we can call it "An Epic Tour". If you also have a plan to Nepal after your China Tibet tour, it is worthwhile.

- **Durations:** 13 Days
- **Destinations:** Beijing - Xian - Tibet - (Kathmandu)
- **Tour inquiry:** https://asiachinatour.com/beijing-xian-lhasa-kathmandu-train-tour-13-days/

Itinerary

Day 1: Arrive in Beijing

On arrival into **Beijing Capital International Airport (PEK)** or **Beijing Daxing International Airport (PKX)**, you will be met by your dedicated tour guide outside the baggage claim area. On the way to your pre-booked inner city hotel, your guide will point out the highlights and history of Beijing. Spend the rest of the day exploring this incredible city.

Stay overnight at Beijing.

Day 2: Beijing Day Tour: Tian'anmen Square, Forbidden City, Summer Palace

After breakfast today explore Beijing with your guide who will collect you from the hotel. Visit the world's largest city square, **Tian'anmen Square**. Make your way across the road to the magnificent **Forbidden City**, a culturally historic landmark in China, which was the former residence of Chinese royalty and courtiers for five centuries. After the Forbidden City tour, exploration continues with a visit to the **Summer Palace**. Appreciate the beautiful gardens and imagine the lifestyle of royalty and courtiers who enjoyed this summer resort during imperial times. A stopover at Beijing's stadium and pool, the **Bird's Nest** and **Water Cube**, built for the 2008 Summer Olympics and Paralympics, provides a modern contrast to China's ancient history. Return to the hotel.

Stay overnight at Beijing.

Day 3: Beijing Day Tour: Mutianyu Great Wall, Confucius Temple, Imperial College Museum, Wudaoying Hutong

It will be an exciting day today. In the early morning, guide will pick you up from your hotel lobby and you'll enjoy the drive to explore the **Mutianyu Great Wall**, a less frequented part of China's 1,400-year-old iconic landmark, located approximately 70 kilometres from Beijing. Take a pleasant and comfortable round-trip cable car transfer over the picturesque scenery, then walk the wall to take in the Ming dynasty guard towers and sensational views. On return to the city in the afternoon, exploration continues with a visit to the **Confucius Temple** and **Imperial College Museum**. Stroll through **Wudaoying Hutong** and experience local life as you wander through quaint shops, enjoy a coffee, and gain an insider's view of a real Beijing community.

Stay overnight at Beijing.

Day 4: Beijing to Xi'an: Temple of Heaven

Start today with a visit to the remarkable **Temple of Heaven**, where emperors from the Ming and Qing Dynasties performed ceremonies and rituals to pray for good harvests and blessings for the country. Transfer to the Beijing West Railway Station and be checked in by your guide to travel by high speed rail train to Xi'an. Approximately a five hour trip, travelling at 300 kilometres per hour, you can relax and absorb the diverse landscape along the way. On arrival at the Xi'an North Station, your local tour guide will meet and escort you to your inner city hotel.

Stay overnight at Xi'an.

Day 5: Xi'an Day Tour: Terracotta Army, City Wall, Great Mosque, Muslim Quarter, Bell Tower and Drum Tower Square

Today's tour highlight is the world-renowned **Terracotta Army**. Recognized as the largest underground military base in the world, take in this extraordinary archaeological discovery, which houses thousands of unique life-sized figures. Return to the city and explore Xi'an's ancient **City Wall**, currently the largest and best-preserved wall of its type in China. Enclosing China's former capital city and almost 14 kilometers long, enjoy your free time by exploring on foot or bicycle. For a change of pace, take in the quiet of Xi'an's **Great Mosque**, located in the middle of the city's old block. Built mid seventh century, the Great Mosque is the oldest and largest Islamic mosque in China. Mix with locals and find food of every flavor in **Muslim Quarter**, which is bustling with

authentic eateries and travel souvenirs. Today's final destination is Xi'an's famous **Bell Tower** and **Drum Tower Square.** Return to your hotel for a relaxed evening or book a dinner, show, or both for an evening of entertainment.

Stay overnight at Xi'an.

Day 6: Xi'an to Lhasa by Train

After breakfast and check out from your hotel, the tour guide will take you to the railway station for your Tibet train to Lhasa. You will witness the most beautiful scenery of Qinghai-Tibet Railway. Spectacular land of snows, boundless desert, vast grassland, grand ice mountains and beautiful lakes will continually appear and strongly attract your heart.

Stay overnight on the train.

Day 7: Arrive in Lhasa

Welcome to Tibet! Upon arrival, be greeted by our local guide at airport or train station and be presented with traditional Tibetan White Scarf to wish you good luck!

After group photo at airport, you will board on the coach and transfer to your hotel. You will enjoy the spectacular scenery and the typical Tibetan villages on the way.

Stay at the hotel after arrival for adapting to the high attitude. It is helpful to take things easy for the first few days, and try to drink some water just and now.

Stay overnight in Lhasa.

Day 8: Lhasa Day Tour: Potala Palace, Jokhang Temple and Barkhor Street

After breakfast, we go to the **Potala Palace**, a golden feather upon the roof of the world, which Tibetans proudly claim to be the prime miracle since the creation of this world. It is visible from any distance, with the golden roof shinning in the sun, spend one hour wondering around the inside of this magnificent building exploring the rooms previously used by the Dalai Lama and the many Buddhist icons within.

In the afternoon we go inside of the **Jokhang Temple**. The Jokhang, like most of the larger temple structures have numerous individual temples within it dedicated to specific enlightened beings, protectors, high lamas, or saints. Images, both sculpted and painted, are everywhere. Every inch of wall and ceiling is brightly painted with images of clouds, beings, mandalas, or decorative patterns. Colorful silk banners, three stories high, hang in various places. Color, pattern, and images crowd in around you. The central image inside the building is a 30-foot high gilded image of Maitreya Buddha.

Then stroll around the back alleys of the **Barkhor area of Old Lhasa**. The streets smelled of yak butter and incense while hordes of adventurers shuffled along the main walking around Jokhang Temple. If someone just walked at a normal pace, one walk would take about 15-20 minutes. Stay overnight in Lhasa.

Stay overnight in Lhasa.

Day 9: Lhasa Day Tour: Dadong Village and Sera Monastery

Today, we firstly go to **Dadong Village**, which is known as the most beautiful village in Lhasa. It is only around 25 kilometers away from Lhasa city center. Here we will first visit the Nyimatang Monastery. Then go for a leisure walk to visit the local Tibetan family. You can experience the country life of local Tibetans, and enjoy authentic Tibetan food here at lunch.

In the afternoon, you are going to visit **Sera Monastery**, have a little hike for the beautiful valley scenery nearby and picnic there. Sera monastery was created in 1419 and has always been an important Buddhist seminary. As rose are planted everywhere in the monastery, it is also called “the court of wild rose”. Today still 200 lamas live in there. You may have the chance to watch the famous **Monks Debate** (usually from 15:00 to 17:00) before returning back to Lhasa.

Stay overnight in Lhasa.

Day 10: Lhasa to Shigatse via Gyantse

After fully explore Lhasa, you'll have a chance to get lost in the endless Tibetan landscape while you take a short hike along the turquoise waters of **Lake Yamdrok**, one of the three holy lakes in Tibet and the largest habitat of waterfowls in south Tibet.

Afterwards pass by the 5,010 m high Karo La and the Simi La forward to Gyantse (approx. 3.950 m). Visit **Pelkor Monastery and Kumbum Stupa** (100-Thousand-Buddha Pagoda) nearby, which were both built in the15th century and situated in the northwestern edge of Gyantse.

In the afternoon drive about 90 kilometers to **Shigatse** (3880m), the second largest city with 40,000 inhabitants in Tibet and the traditional capital of the Tsang. In Shigatse, we'll visit **Tashilunpo Monastery**, the seat of Tibet's second highest incarnation, the Panchen Lama.

Stay overnight in Shigatse.

Day 11: Shigatse to Everest Base Camp

We'll leave Shigatse after getting your Alien's travel permit, and then drive to Lhatse, it is a small town where you can have lunch.

Then continue to drive westwards the **Friendship Highway to Rongbuk Monastery and Everest Base Camp**. On the road the drive is full of magnificent scenery and cross some extremely high passes including Gyatsola (5248m). The road to Everest diverts off the newly paved Friendship highway near the town of Shegar and turns into bumpy gravel trail, which is still 90km to get to Rongpuk.

If it is in clear whether, you can have a glimpse of 4 mountains which is 8000m high or more, such as Mt. Lhotse (8516m), Mt. Everest (8848m), Mt. Qowowuyag (8201m), Mt Mayalu (8463m).

Stay overnight at tent or Rongbuk monastery guest house.

Day 12: Everest Base Camp to Gyirong Border

Get up early for sunrise. You could take the local bus to arrive at **Everest Base Camp** for half an hour, or you also can have a hike to Base Camp around 1.5-2 hours one way. It's interesting and much warmer, but hard to breath. The morning is frigid and as the wind howl your fingers must be frozen trying to take pictures of the iconic mountain but it is worth the pain to view such an amazing site.

After base camp, you can visit **Rongphu Monastery** which is the highest monastery in the world (5000m) and then drive to **Gyirong Border** where you can enjoy the beauty of whole Himalaya range.

Stay overnight in Gyirong.

Day 13: Gyirong Border to Kathmandu

Our Guide will drop you off in the morning at the **border bridge**, You are kindly required to hike on your own to cross the border bridge which is 50m long, then check in Nepal side, you can get the Nepal visa upon arrival with US$ 30, please prepare one photo at passport size to get Nepal Visa.

You need to find a car or bus towards Kathmandu, 50m ahead from border bridge, dozens of car or bus are parking here to pick up travelers.

Tour ends at the border in Tibet side.

Optional Service: Our company provide private transfer service from Nepal border to Kathmandu , if you need, please ask it from your travel advisor.

Booking Policy

Cancellation Policy

Cancellation by Customer

- Cancellation received before 60 days: FREE of charge
- Cancellation received from 30 days to 59 days prior arrival date: 20% of total rate
- Cancellation received from 15 days to 29 days prior arrival date: 40% of total rate
- Cancellation received from 7 days to 14 days prior arrival date: 70% of total rate
- Cancellation received less than 7 days prior arrival date or No show: 100% of total rate

Children Policy

The rate for children applicable for one child sharing a twin or double cabin with two adults.

- For infant (<04 years old): Free of Charge

- 04 - 11 years old without bed: 50% adult rate
- 04 - 11 years old with extra bed: 75% adult rate
- Above 11 years old with extra bed: 100% adult rate

Tel:

Bejing: +86 904-6699-222
Chengdu: +86 904-6699-234
Lhasa: +86 904-6699-253
Cambodia: +84 904-6699-555

Address:

Address 1: Floor 4, Global Center, Chengdu, Sichuan, China

Address 2: Chaoyang Road No.21, Guilin, Guangxi, China

Email:

info@asiachinatour.com

Website:

www.asiachinatour.com