

6-Day Xishuangbanna and Pu'er Tour

Trip overview

Step into a world far removed from the ordinary on this 6-day private journey through South Yunnan. This tour invites you to explore **Xishuangbanna**, China's only tropical rainforest sanctuary, and **Pu'er**, the legendary birthplace of the world's most famous fermented tea. From the golden spires of Buddhist temples to the emerald depths of wild jungles, you will experience a unique blend of biodiversity and exotic minority traditions.

- **Durations:** 6 Days
- **Destinations:** Manting Park - Manzhong Dai Village - Xishuangbanna Tropical Botanical Garden - Taiyanghe Forest Park - Pu'er Tea Plantation - Yunnan Coffee Farm
- **Tour inquiry:** <https://asiachinatour.com/6-days-yunnan-xishuangbanna-puer-tour/>

Itinerary

Day 1: Arrival in Xishuangbanna - The Gateway to the Tropics

Welcome to Xishuangbanna, the only place in China where you can find a true tropical rainforest climate. Upon your arrival at **Xishuangbanna Gasa International Airport (JHG)**, your private local guide and driver will be waiting at the arrival hall to welcome you with a warm smile. You will be escorted in a comfortable private vehicle to your hotel in **Jinghong**, the vibrant capital of this autonomous prefecture.

After checking in, the rest of the day is yours to relax and enjoy the "Thai-style" atmosphere of the city. We recommend taking a stroll along the Mekong River as the city begins to glow with golden lights. You can feel the soft tropical breeze and catch a first glimpse of the shimmering stupas that define the skyline of this exotic border town.

Accommodation: Hotel in Jinghong

Meals: /

Professional Suggestions:

Xishuangbanna is geographically and culturally very close to Southeast Asia; you will notice that the architecture, food, and even the pace of life feel more like Thailand or Laos. For your first

evening, the **Gaozhuang Night Market (Starlight Night Market)** is an absolute must-visit. It is one of the largest and most photogenic night markets in Asia, featuring a stunning golden pagoda and hundreds of stalls selling Dai handicrafts and delicious tropical fruits. Also, the local **Lao Coffee** (served in a bag) is a popular local treat you shouldn't miss. Lastly, even in winter, the afternoon sun here can be strong, so keep your **sunscreen and sunglasses** handy from the moment you land!

Day 2: Royal Gardens & The Living Heritage of the Dai People

After breakfast, your exploration begins at the breathtaking **Manting Park**, the oldest park in Xishuangbanna. Once the private royal garden of the Dai Kingdom, it remains a jewel of tropical landscaping. Stroll beneath the shade of ancient **Kassod trees** and marvel at the intricate golden spires of the **General Buddhist Temple** located within the grounds. The park's harmonious blend of lush botanical life and sacred Dai architecture offers a serene introduction to the region's royal past.

For lunch, enjoy a feast of authentic **Dai-style barbecue**, famous for its fragrant lemongrass and spicy dipping sauces. In the afternoon, we journey to the charming **Manzhang Dai Village**. This isn't just a sightseeing stop; it's an immersive cultural experience. You will step into a traditional stilt house and learn the ancient arts passed down through generations. Try your hand at **traditional pottery**, play exotic Dai instruments, or participate in the delicate craft of **handmade flower paper-making**. It is a day of deep connection with the soul of the "Water-Splashing" people.

Accommodation: Hotel in Jinghong

Meals: Breakfast, Lunch (Dai-style BBQ)

Professional Suggestions:

*Manting Park is very popular for "**Dai Princess**" photography; you will see many visitors in traditional costumes. If you're interested in a professional photoshoot, let your guide know so they can recommend the best local studios. In **Manzhang Village**, the hands-on activities are wonderful for all ages. We recommend wearing clothes that you don't mind getting a little clay or water on! When entering a **Dai person's home**, please remember the local custom: **remove your shoes** and avoid stepping on the wooden door threshold. Lastly, the afternoon in the village involves some walking; **mosquito repellent** is a must-have for the lush garden settings.*

Day 3: Botanical Wonders - A Journey through the Tropical Rainforest

Today is dedicated to exploring the **Xishuangbanna Tropical Botanical Garden (XTBG)** of the Chinese Academy of Sciences. As China's largest and most important botanical research center, this "Emerald of the Tropics" houses over 13,000 species of rare and exotic plants across its expansive grounds.

Divided by the Luosuo River, the garden is a living laboratory of biodiversity. You will wander through the **West Area**, featuring specialized gardens like the Palm Garden, the Aquatic Plant Garden (famous for its giant *Victoria amazonica* water lilies), and the mysterious "Dancing Grass" that reacts to sound. If you're feeling adventurous, we can delve into the **East Area**, which preserves a large tract of **primary tropical rainforest**. Here, you can witness the incredible "strangler figs," giant buttress roots, and the "hanging gardens" typical of a lush jungle ecosystem.

It is a day of absolute serenity and natural wonder.

Accommodation: Hotel in Jinghong

Meals: Breakfast, Lunch

Professional Suggestions:

*The botanical garden is massive—spanning over 1,100 hectares—so we will utilize the **electric shuttle carts** to help you cover the main highlights comfortably. For the best experience, we recommend wearing **breathable, long-sleeved clothing and long pants**, as this provides the best protection against the jungle's persistent insects. Keep an eye out for the **Giant Victoria Water Lilies** (typically from June to October); they are large enough to support a small child! Since we will spend most of the day outdoors, **comfortable walking shoes** are essential. After the tour, if you have any energy left, the evening is perfect for a quiet dinner by the Mekong back in Jinghong.*

Day 4: Day 4: Xishuangbannan to Pu'er, Taiyanghe Forest Park

After breakfast, we leave the vibrant tropics of Jinghong and drive approximately 2 hours north to **Pu'er**, a region famed as the "Emerald of the Tropic of Cancer." Your first destination is the vast **Taiyanghe National Forest Park**, a sprawling sanctuary covering 216 square kilometers of pristine subtropical rainforest.

This park is a haven for biodiversity, where dense forests and winding gullies create a natural playground for some of Asia's rarest species. Unlike a traditional zoo, Taiyanghe offers an "open-air" experience where you can walk through the forest and encounter animals in a semi-wild habitat. You will have the chance to see adorable **red pandas** napping in the trees, observe **macaques** playing in the canopy, and perhaps spot the elusive **green peacock** or the majestic **Asiatic bison**. It is a refreshing and immersive journey into the heart of Yunnan's wilderness.

Accommodation: Hotel in Pu'er

Meals: Breakfast, Lunch

Professional Suggestions:

*Taiyanghe is a "walking" forest park, so **sturdy sneakers or hiking shoes** are highly recommended for the uneven forest trails. The park's highlight is the **Red Panda area**, where you can get quite close for photos—just remember to remain quiet and avoid using a flash. Since the elevation in Pu'er is slightly higher than in Xishuangbanna, the air is fresher but the **UV rays can be stronger**, so don't forget to reapply your sunscreen. We also suggest bringing a **light windbreaker**, as the forest canopy can feel quite cool even on sunny days. For dinner in Pu'er, we recommend trying the local **Puer Tea-infused dishes**, a unique culinary specialty of the region!*

Day 5: The Aroma of Yunnan - From Ancient Tea Groves to Coffee Farms

Today, we immerse ourselves in the two most famous aromas of Yunnan: tea and coffee. Our morning begins in a verdant **Pu'er Tea Plantation**, where the misty hills provide the perfect climate for China's most prestigious fermented tea. You will walk among the ancient tea trees, learning how to distinguish between different grades of leaves. If you wish, you can put on a traditional basket and join the pickers in the fields, followed by a hands-on workshop where a tea

master will teach you the traditional methods of **withering, roasting, and pressing your own tea cake** to take home as a souvenir.

In the afternoon, we explore Pu'er's modern identity at a **boutique Yunnan Coffee Farm**. Yunnan produces over 95% of China's coffee, and the high-altitude beans here are prized for their fruity acidity. You will listen to the fascinating stories of how coffee was introduced to these mountains and witness the entire process "from bean to cup." From picking the bright red cherries to the roasting process, you'll gain a new appreciation for Yunnan's "black gold" before enjoying a freshly brewed cup overlooking the rolling hills of the farm.

Accommodation: Hotel in Pu'er

Meals: Breakfast, Lunch

Professional Suggestions:

*When participating in the **tea leaf picking**, please wear a hat and long sleeves, as the sun reflects strongly off the tea bushes. During the tea pressing workshop, the stones used for pressing can be heavy—your guide will assist you to ensure a perfect "tea cake" shape. For coffee lovers, we recommend purchasing some **single-origin Pu'er beans** directly from the farm; they are much fresher and more affordable than in big city boutiques. If you have any caffeine sensitivity, please let your guide know so we can balance the tastings with plenty of local spring water. Lastly, the afternoon light over the terraced plantations is breathtaking—keep your **camera or phone charged** for some of the best landscape photos of the entire trip!*

Want to learn more about Pu'er tea? You could read [this article](#).

Day 6: Farewell to the Land of Tea & Forests

Enjoy your final breakfast in the tranquil city of **Pu'er**. Depending on your flight schedule, you might have time for one last stroll through the local market to soak in the slow-paced lifestyle of this highland retreat or pick up some last-minute local specialties like sun-dried fruits or traditional Pu'er tea bricks.

At the designated time, your private guide and driver will meet you at your hotel for a comfortable transfer to **Pu'er Simao Airport (SYM)** for your departure flight. As you head to your next destination, you'll carry with you the fragrant memories of ancient tea groves, the lush canopy of the tropical rainforest, and the warm hospitality of Yunnan's diverse cultures. Safe travels on your onward journey!

Accommodation: /

Meals: Breakfast

Professional Suggestions:

*Pu'er Simao Airport is a smaller, convenient regional airport located quite close to the city center, but we still recommend arriving **90 minutes to 2 hours before your flight**. If you are flying back to a larger hub like Kunming or Shanghai, ensure your **handmade tea cakes** are well-packed in your checked luggage to keep them protected. Also, if you have any leftover **Yunnan coffee beans**, make sure the bags are properly sealed to preserve their aroma during the flight. For those continuing their journey via the **China-Laos Railway**, the Pu'er Railway Station is also an option—please confirm your departure point with your guide to ensure a smooth transfer. We hope you enjoyed this tropical discovery!*

Booking Policy

Cancellation Policy

Cancellation by Customer

- Cancellation received before 60 days: FREE of charge
- Cancellation received from 30 days to 59 days prior arrival date: 20% of total rate
- Cancellation received from 15 days to 29 days prior arrival date: 40% of total rate
- Cancellation received from 7 days to 14 days prior arrival date: 70% of total rate
- Cancellation received less than 7 days prior arrival date or No show: 100% of total rate

Children Policy

The rate for children applicable for one child sharing a twin or double cabin with two adults.

- For infant (<04 years old): Free of Charge
- 04 - 11 years old without bed: 50% adult rate
- 04 - 11 years old with extra bed: 75% adult rate
- Above 11 years old with extra bed: 100% adult rate

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